

**Sri Sathya SAI Center of Greensboro,
SSE (Groups 1 &II) SUNDAY Class Details-2015**

11:20 AM Three 'OM' kaarams and Swami's Darshan Video/Silent Sitting/Meditation

11:30 AM Review from Previous week's Life Application/Discussion

11:40 AM: Introduce New Bhajan

11:45 AM: Story/Discussion

12:15 AM: Optional Activity/Role Play

12: 20 AM: Bhajan Practice

12:30 AM: Closing Peace Prayers

**LOVING
SWAMI**